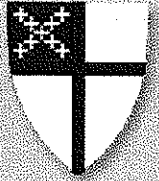




St. James' Episcopal Church Indian Head, Maryland



November and December 2008

Rector's Ramblings

Rev. Denise Cabana

It seems like autumn is flying by and the holidays are hurling towards us. I guess being gone for three weeks in October and November really makes the time fly. I am so grateful for the time I had away. The first week was spent celebrating my parent's 50th wedding anniversary in Massachusetts. It is a wonderful time of year to be in New England, the colors of the trees were brilliant and the weather was perfect. Family came from as far as Nebraska to join in the celebration and about 75 people attended the party on the night of their anniversary. It was so good to be with family and friends who have been a part of not only most of my parents' lives together but also of most of mine. They are people who helped shaped the person I am today and I am so grateful for each and every one of them.

The second week was spent in Texas with my sister and her soon to be fiancé (he told me he was proposing at Christmas and I am to help get her ring size for him – any ideas??). None of us had ever been to Texas before and it was a lot of fun. We were in San Antonio, Austin and even took a day trip to the Gulf coast – to Corpus Christi. Again, we had perfect weather for this part of the trip and we enjoyed just being in a new part of the country. There were so many wonderful things about it but one which Doug will never forget was the lack of traffic even in the cities during rush hour. And people on the roads were courteous, drove the speed limit, used blinkers and let people in, it was a pleasure to drive down there.

After being back with all of you (my wonderful St. James' family) for a week, I headed off to Albuquerque, NM for a small gathering of clergy from Virginia Theological Seminary. It was a chance to catch up, renew friendships and talk about what is working in our churches. Some are in small churches like St. James', some in even smaller, others in large churches. Some are growing and others are struggling. It was an opportunity to support and learn from each other.

I look forward to being back here and staying put for a while. As much as I enjoy being with family and traveling, I miss you all when I am away.

There is much going on, and lots to do over the next few months. This issue of the newsletter has lots of opportunities for doing God's work here. I hope that you will read it carefully and prayerfully and consider what you might want to get involved in. Living our faith is such an important part of our faith journey and our growth as Christians – Christianity is not a spectator sport!

I look forward to the time ahead and seeing what God has in store for us as a faith community as we continue to grow in love with and in our service to God.

Christ's peace be with you,

Denise+

Around St. James'



Confirmation, Reception & Renewal Class

Confirmation, reception and renewal class begins *Saturday, November 15th* at noon. This is the first session and at it we will be choosing the dates for the rest of the class, talking about the class content, getting to know each other and putting down the questions we hope to have answered as we enter this process. This is open to anyone who wishes to be confirmed, officially join the Episcopal Church or renew their commitment to Christ. There is a sign-up sheet on the board outside the parish hall.



Women's Group

The Women's Group meets on Monday's. Please see Rev. Denise..

Mission Discernment

There is a meeting for the mission discernment process on Saturday, November 15th at 9:00. We will be talking about various mission opportunities and continue the process of discerning where God is calling us to serve. Please join us.



Raking and Baking

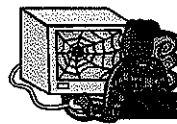


Raking and Baking Day. On November 22nd at 9:00 a.m. we will be gathering to rake the lawn and clean gutters at the church. Many hands make light work so please join us even for a little while if you can. Bring rakes!

This is followed at 1:00 p.m. by the cookie bake. Enjoy an afternoon of cooking baking and fellowship as we make Christmas cookies that can be kept in the freezer until the holiday. Sign up by **November 15th**.

St. James' Disciples (AKA Youth Group)

The Youth Group will meet on the following dates **Sunday, November 16 Dec 7^h** at **6:00 p.m. in the Parish hall.** The Youth Group is open to all youth in 6th to 12th grade. If you have any questions please feel free to call Shelley Prasser (301) 743-7515 or Ron Litten 301-325-2026



Helpful web sites

Church website:

www.stjamesindianhead.org

Diocese website: www.edow.org

Entertainment Reviews by a Christian Organization (Focus on the Family)

<http://www.pluggedinonline.com/index.cfm>



Coffee Hour

We are in need of volunteers to host our coffee hours. If you are willing to help, please see Barbara Prasser or call her at (301) 743-6880.

NETS in Need

Thanksgiving is around the corner. St. James' will be collecting items for NETS (Neighbors Eager To Serve) Thanksgiving baskets. Please begin bringing items in and leaving them in the basket in the hallway. Turkeys are also needed. Please see Barbara Prasser if you have any questions.



COMMUNITY DINNER

St. James' next Community Dinner is Monday, December 1. We are in need of Spaghetti and Sauce. Please bring it in and leave it in the kitchen.



Calendars for Sale

The youth group will be selling 2009 calendars again this year at \$10.00 each. They make excellent Christmas or Birthday Day gifts. The sign up sheet will be in the parish hall



Cleaning the Lord's House

On **December 13th** at 9:00 a.m. we will be having a clean out day at the church. Attics, closets cupboards and garages will be cleaned out and things we no longer use/need discarded. Please come by and give us a hand.

Serving God

If you have a child who is interested in serving as an acolyte at the 10:30 a.m. service and for special services please contact Karen Burroughs at 301-283-6692

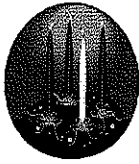
The return of "Craft Get Together"

Would like to start having the "Craft Get-To-gathers" in January, but we need volunteers to share their craft with others.

I think I can safely say that we all had so much fun last spring. We spent time with new and old friends learning how to make soap and bracelets thanks to Elsa Ault and Elizabeth Fusina.

If you are interested in sharing with others contact Michelle Prasser at (301) 743-7515. I would like to get started in October.

Christmas Services

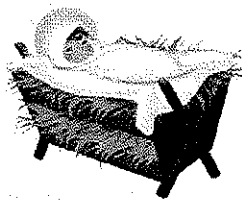


First Sunday in Advent



The First Sunday in Advent is November 30th. We will once again have a service of Lessons and Carols at 9:00. This will be the only service that morning.

St. James' Annual Jesus Birthday Party



December 21, 2008

6:00 p.m.

Parish Hall

Christmas Service Schedule

7:00PM Christmas Eve

10:00PM Christmas Eve

10:00AM Christmas Morning



Hymn Stories

"How Great Thou Art"

by Pastor Carl Boberg

The Original Swedish lyrics, titled "O, Store Gud" and written in 1886 were inspired by a visit to a beautiful country estate on the southeast coast of Sweden. Pastor Carl Boberg was suddenly caught in a midday thunderstorm with awe inspiring moments of flashing violence, followed by a clear brilliant sun. Soon afterwards he heard the calm sweet songs of the birds in nearby trees. The experience prompted the pastor to fall to his knees in humble adoration of his mighty God. (Osbeck 133) As the result of this experience he wrote a 9 stanza poem, and several years later at a conference, was surprised to hear his poem sung

to the tune of an old Swedish folk melody. It was translated into German, then a literal translation by an American in 1925: "O Mighty God, When I behold the Wonder." The song was also translated from German to Russian in 1927. Missionary Stuart Hine, inspired by the Russian words coupled with the awesome sights of the Carpathian mountains, wrote the first three English verses, the fourth came after WW II.

The hymn was made famous by George Beverly Shea during the Billy Graham Crusade in London.

HOW GREAT THOU ART

Verse 1

O Lord my God! When I in awesome wonder
Consider all the worlds Thy hands have made.
I see the stars, I hear the rolling thunder,
Thy power through-out the universe displayed.

Chorus:

Then sings my soul, my Savior God, to Thee;
How great Thou art, how great Thou art!
Then sings my soul, My Savior God, to Thee:
How great Thou art, how great Thou art!

Verse 2

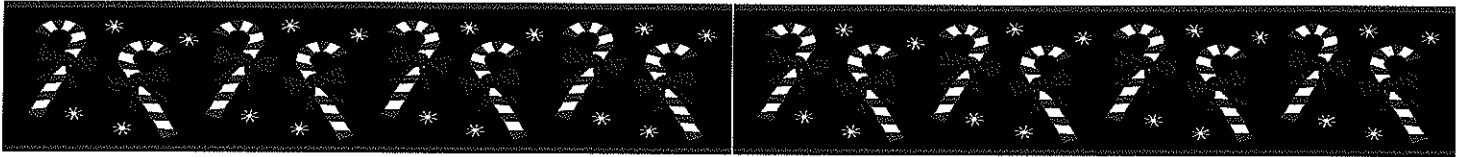
When through the woods and forest glades I wander
And hear the birds sing sweetly in the trees;
When I look down from lofty mountain grandeur
And hear the brook and feel the gentle breeze:

Verse 3

And when I think that God, His Son not sparing,
Sent Him to die, I scarce can take it in;
That on the cross, my burden gladly bearing,
He bled and died to take away my sin:

Verse 4

When Christ shall come with shout of acclamation
And take me home, what joy shall fill my heart!
Then I shall bow in humble adoration,
And there proclaim, my God, how great Thou art!



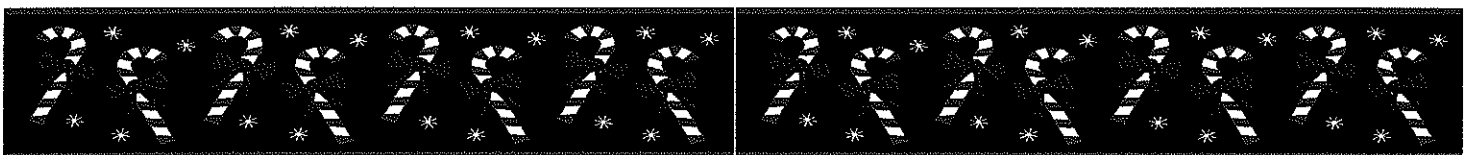
Annual Christmas Tea

December 6, 2008

12:00 NOON

Adults - \$10.00

*See Jackie Vos, Karen Burroughs, Mildred Weston, Christine Freedman,
Ethel Evens and Barbara Prasser*



CORNER

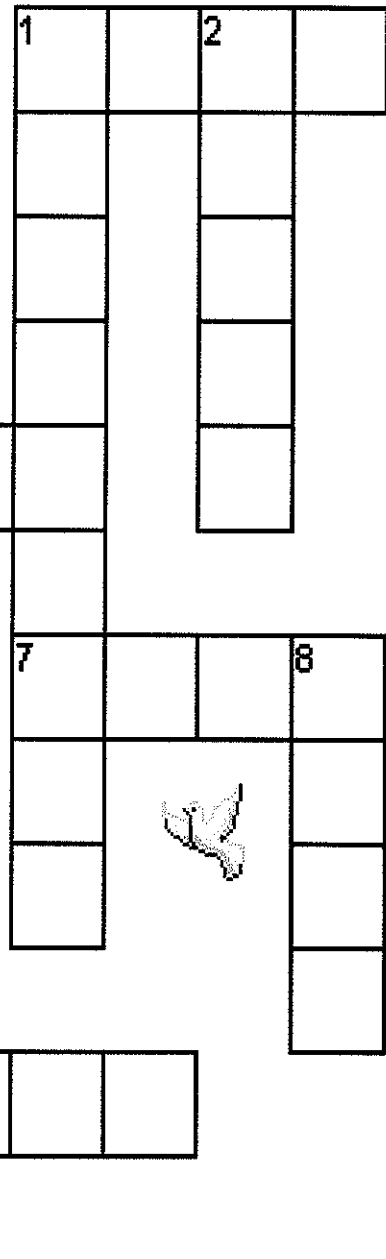
KIDS



Birth of Christ

DOWN

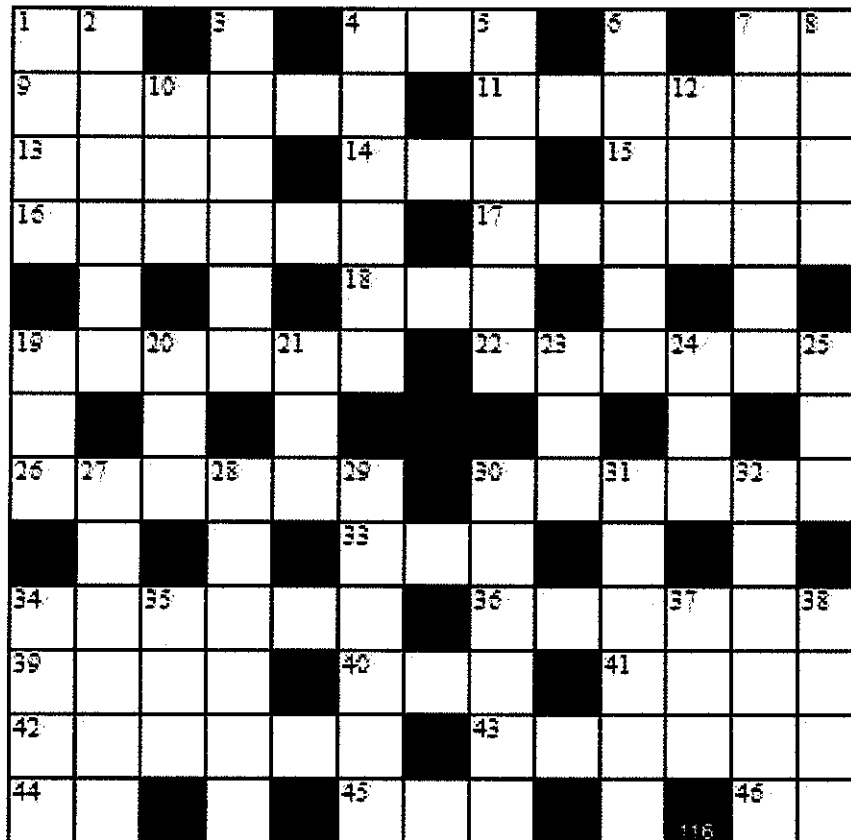
- 1 Who were tending their flocks by night
- 2 Who announced the birth of Christ to the shepherds
- 3 The wise men bowed down to Jesus to _____ him
- 4 Jesus was born in this town
- 6 "The _____ of peace" - one of the titles of Jesus
- 8 mother of Jesus
- 9 Jesus was born in a _____
- 10 The shepherds were in the _____ when they saw an angel



ACROSS

- 1 The wise men followed a _____ that led them to Jesus
- 5 human father of Jesus
- 7 There was no _____ at the inn for Jesus
- 9 one of the gifts of the three wise men
- 11 Jesus could not stay at the _____ because it was full
- 12 and on earth _____, goodwill toward men (Luke 2:14)

ADULT FUN PAGE



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ACROSS

- 1 ____, the depth of the riches of the wisdom and knowledge of God (Rom 11:33)
- 4 I'm not strong enough to dig, and I'm ashamed to ____ (Luke 16:3-4)
- 7 "____! What do you want with us, Jesus of Nazareth? (Luke 4:34)
- 9 Therefore, rid yourselves of all ____ and all deceit (1 Peter 2:1)
- 11 thou shalt not be to him as an ____ (Ex 22:25) KJV
- 13 "Yes, Lord," she said, "but ____ the dogs eat the crumbs that fall (Matt 15:27)
- 14 As for all the hills once cultivated by the ____ (Isa 7:25)
- 15 the harvest of the river, is her revenue; and she is a ____ of nations (Isa 23:3) KJV
- 16 You've given my people a ____, but you haven't told me the answer (Judg 14:16)
- 17 If you are the Son of God, tell these ____ to become bread (Matt 4:3)
- 18 nephew of Abraham
- 19 They were delighted and ____ to give him money (Luke 22:5)
- 22 It ____ up quickly, because the soil was shallow (Matt 13:5)
- 26 a man who controls his ____ than one who takes a city (Prov 16:32)
- 30 Today it will be ____, for the sky is red and overcast (Matt 16:3)
- 33 Sir, come down ____ my child die (John 4:49) KJV
- 34 at the voice of the enemy, at the ____ of the wicked (Ps 55:3)
- 36 but ____ him as if he were your father (1 Tim 5:1)
- 39 There were three gates on the ____, three on the north (Rev 21:13)
- 40 God said to Noah, "____ going to put an end to all people (1,2) (Gen 6:13)
- 41 wife of Boaz (Ruth 4:13)
- 42 After this, Paul left ____ and went to Corinth (Acts 18:1-2)
- 43 you will ____ yourselves for all the evil you have done (Ezek 20:43)
- 44 "Lord, if it's you," Peter replied, "tell ____ to come to you on the water." (Matt 14:28)
- 45 Thou shalt worship the Lord ____ God, and him only shalt thou serve (Matt 4:10) KJV
- 46 Therefore I ____ sending you prophets and wise men and teachers (Matt 23:34)

DOWN

- 1 Moses said to Aaron, "Take a jar and put an ___ of manna in it (Ex 16:33)
- 2 ___ a form of godliness but denying its power (2 Tim 3:4-5)
- 3 catch fire
- 4 I have seen you in the sanctuary and ___ your power and your glory (Ps 63:2)
- 5 How can the ___ of the bridegroom mourn while he is with them? (Matt 9:15)
- 6 And this ___ of him went forth throughout all Judaea (Luke 7:17) KJV
- 7 And ___ is that saying true, One soweth, and another reapeth (John 4:37) KJV
- 8 the Egyptian magicians also did the same things by their secret ___ (Ex 7:11)
- 10 They bound him, ___ him away and handed him over to Pilate (Matt 27:1-2)
- 12 But the ship struck a sandbar and ___ aground (Acts 27:41)
- 19 A man finds joy in giving an ___ reply (Prov 15:23)
- 20 So the LORD said to him, "Bring me a heifer, a goat and a ___ (Gen 15:9)
- 21 second occupant of Eden
- 23 hole in the ground (Ps 7:15)
- 24 The birds of the ___ nest by the waters (Ps 104:12)
- 25 ye have respect to him that weareth the ___ clothing (James 2:3) KJV
- 27 Do we still have any share in the inheritance of our father's ___ ? (Gen 31:14)
- 28 the watchman called unto the ___ (2 Sam 18:26) KJV
- 29 ___ the devil, and he will flee from you (James 4:7)
- 30 as rain in harvest, so honour is not ___ for a fool (Prov 26:1) KJV
- 31 To this day it stands in ___ of the Abiezrites. (Judg 6:24)
- 32 Jesus loved ___ and her sister and Lazarus (John 11:5-6)
- 34 the ephod, close to the ___ just above the waistband (Ex 39:20)
- 35 Those nurtured in purple now lie on ___ heaps (Lam 4:5)
- 37 Jesus answered: "Watch ___ that no one deceives you (Matt 24:4)
- 38 Large crowds followed him, and he healed ___ there (Matt 19:2)

GIFT OF JESUS

A Joyful'toon by Mike Waters



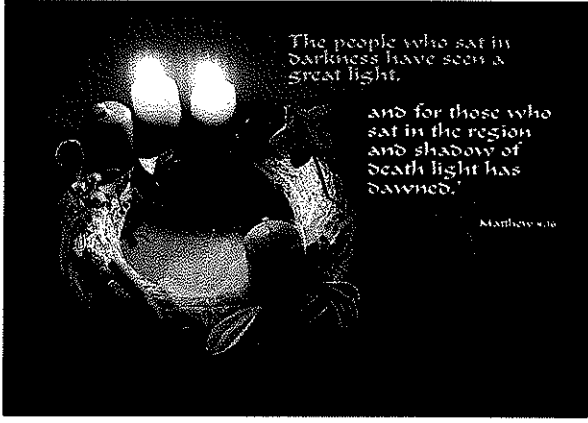
Oh that men would praise the LORD for his goodness,
and for his wonderful works to the children of men!
For he satisfieth the longing soul, and filleth the
hungry soul with goodness. -PSALM 107: 8,9 KJV

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Around the Beltway

National Philharmonic Singers Saturday 11/15/2008 8:00 p.m.

A concert program of sacred and secular music including compositions by William Byrd, John Ward, Giovanni Pierluigi da Palestrina, Heinrich Schütz, Claudio Monteverdi, John Tavener, Pavel Chesnokov. Free-will offering to benefit Community Ministries of Rockville. There will be a pre-concert talk at 7 p.m., and a reception will follow the concert.

Location: 109 South Washington Street Rckville, MD
Contact: ellenvanv@comcast.net

Messiah Concerts Sunday 12/07/2008 4:00 p.m.


The Fort Washington Community Chorus will be performing featured selections from Handel's *Messiah*. The performance this year will be at St. Barnabas Episcopal Church, 5203 St. Barnabas Rd. Temple Hills, MD. This is a wonderful introduction to the holiday season AND our very own Choir member, Rosalie Puterbaugh, will be singing with the Chorus. Admission is free.

Saturday 12/13/2008 4:00 p.m. to 5:30 p.m.

St. Christopher's-New Carrollton, MD sponsors again this year its acclaimed *Messiah* concert, featuring selections from Handel's masterpiece. There is no charge for admission, but free-will offerings will be accepted. A reception with light refreshments follows. St. Christopher's is located at 8001 Annapolis Road, in New Carrollton, MD. For additional details, please contact Ms. Ivy Meadows at 301-218-3774.

For more happenings in the area visit <http://www.event-calendars.net/EDOW/calendar.asp>

NOVEMBER 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 11:00 AM Women's Group	28	29 12:00 PM Noon Eucharist Service 8:00 PM AA Meeting	30 7:00 PM Choir Practice 8:00 PM NA Meeting	31	1 8:30 AM Prayer Breakfast
2	3 11:00 AM Women's Group	4	5 12:00 PM Noon Eucharist Service 8:00 PM AA Meeting	6 7:00 PM Choir Practice 8:00 PM NA Meeting	7	8 8:30 AM Prayer Breakfast
9	10 11:00 AM Women's Group 6:30 PM Vestry Officer's Meeting	11	12 12:00 PM Noon Eucharist Service 6:30 PM Finance Committee 8:00 PM AA Meeting	13 7:00 PM Choir Practice 8:00 PM NA Meeting	14	15 9:00 AM Mission Discernment 12:00 PM Confirmation, Reception, and Renewal Class
16	17 11:00 AM Women's Group	18 6:30 PM Vestry Meeting	19 12:00 PM Noon Eucharist Service 8:00 PM AA Meeting	20 7:00 PM Choir Practice 8:00 PM NA Meeting	21	22 
23	24 11:00 AM Women's Group	25	26 8:00 PM AA Meeting	27 7:00 PM Choir Practice 8:00 PM NA Meeting	28	29 9:00 AM Rake N Bake Day
30	1 Community Dinner 11:00 AM Women's Group 5:30 PM Community Dinner	2	3 12:00 PM Noon Eucharist Service 8:00 PM AA Meeting	4 7:00 PM Choir Practice 8:00 PM NA Meeting	5	6



7:00 PM Safe Nights Week Begins



7:00 AM Safe Nights Week Ends
6:00 PM St James' Disciples (aka Youth Group)



11:00 AM Women's Group
5:30 PM Community Dinner

WORRY!

Does just saying this word make your muscles tighten up and your stomach feel, like someone tied it into a knot and just kept pulling that knot tighter?

At the party following our grandson's baptism, Tom was having a conversation with one of the guests about worry. He turned to me and said, "Can you turn off the worry button? You can, can't you?" I had lot of thoughts running through my head over that loaded question. My first thought was "Of course not, no one can do that." But then Tom must think I can since he asked me in that way. So, I let that idea bounce around my head for a few more seconds before answering.

A couple of weeks ago, I received a call from my daughter. She was very distraught because she had just lost her job, the job she had been so excited to get. It had been a real boost to her ego and now it was gone as fast as it had arrived. I felt sick. That knot in my stomach was being pulled tighter and tighter throughout the night. When I arrived at church the next morning I told Rev. Denise that we needed to put her back on the prayer list. She said to write it on the paper on the board, which I did. I sat through the service with that horrible feeling sick feeling in my stomach just growing and growing. To my surprise my daughter's name was on that list (They had gotten hold of an old list that week). As soon as her name rolled off our lips that knot in my stomach vanished. All that worry just melted away and was replaced with an inner peace as only God can provide.

So getting back to Tom's question, I looked right at him and said, "Yes, I can control my worry." All I have to do is LET GO and LET GOD.

Thank you lord for carrying us through the rough spots.

Your Senior Warden

Brenda