

**SPRINGFIELD SEVENTH-DAY ADVENTIST JUNIOR ACADEMY
797 STATE STREET, SPRINGFIELD, MA 01190**

SPORTS & PHYSICAL ACTIVITIES RELEASE FORM

Warning! Agreement to Obey Instructions, Release, Assumption of Risk, and Agreement to Hold Harmless

Both Student and Parent/Guardian Must Read and Sign Where Indicated

BASKETBALL, VOLLEYBALL, DOUBLEDUTCH, TABLE TENNIS, TRACK, DODGE BALL, FOOTBALL, SOCCER,
AND ALL OTHER AUTHORIZED SPORTS

To Be Completed By the Student/Parent

I am aware that playing or practicing in any sport can be dangerous in nature, involving many risks of injury. I understand that the dangers and risks of playing or practicing to play/participate in the above sports include, but not limited to, death, serious neck and spinal injuries which may result in partial paralysis, brain damage serious injury to virtually any part of the muscular-skeletal system. I understand that the dangers and risks of playing or practicing to play/participate in the above sports may result not only in serious injury but also the impairment my child's future ability to earn a living, engage in other business, social, and recreational activities which may affect quality of life.

In consideration of the Springfield Seventh-day Adventist Junior Academy permitting me to try out for the team circled and to engage in all activities related to the team, including, but not limited to trying out, conditioning workouts, practicing or playing or participating in that sport, the terms hereof shall serve as a release and assumption of risk for my heir, estate, executor, administrator, assignee, and for all members of my family.

Signature of Student

Date

Signature of Parent/Guardian

Date

Signature of Parent/Guardian

Date

Please note that both parents and student are required to sign