

# Recapturing that Feeling?

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Remember what it was like when you first started dating your spouse? You just couldn't get enough! You spent *every possible minute* together, and if there wasn't time you made time!

Did it stay that way when you got married, or did things change?

It's essential to the health of the marriage for a wife and husband to have time together. Date nights are an easy way for this to happen.

## **Creative Ways to Spend Quality Time with Your Spouse**

Wake up an hour earlier. It's a challenge for couples who work late to have date nights. Why not plan a special brunch or a fun morning activity?

Partner Up. Date nights are tough when you have kids. So, partner with another couple to watch their kids and they'll watch yours. Everyone wins!

Take turns planning dates. Taking turns planning date nights keeps it from being a chore. Plus, it gives the other person something to look forward to!

Try new things together. Don't be boring. Avoid ruts. Step out of your comfort zone! For example, take a cooking class together, tennis lessons, go kayaking or try scuba diving. I don't know! Just DO something because a fun shared experience brings you closer to your mate.

Life is busy. And EVERYONE struggles with time. But haven't you noticed how we ALWAYS seem to find time for what we really *want* to do?

Make time to live life to the fullest with your partner and keep love's fire burning.

*Until next time, this is Mike Tucker and I want YOU to be mad about marriage!*