

# Questions about the Sabbath

## Lesson 15

### A. EIGHT WAYS TO KNOW FOR SURE THAT SATURDAY - SABBATH

1. Calendar changed once, 1582
2. Weekly cycle never changed
3. Days in **Lk. 23:52 - 24:3** (1542)
4. Languages - Saturday - Sabbath (or 7th day)
5. Jews still keep Sabbath on Saturday
6. Worshippers with varied calendars in the Holy Land and no confusion of days
7. Seven day weekly cycle, not 10
8. Study of astronomy

### B. ALL THE FIRST DAY TEXTS IN THE BIBLE

1. The first day of Creation Week: **Gen. 1:5** (1)
2. Jesus resurrected on Sunday. Mary Magdalene finds tomb empty: **Mt. 28:1** (1450)
3. Ladies find the empty tomb on resurrection Sunday: **Mk. 16:2** (1485)
4. Jesus appears to Mary on the Sunday morning of the resurrection: **Mk. 16:9** (1485)
5. Jesus' followers find an empty tomb on resurrection Sunday: **Lk. 24:1** (1542)
6. Mary comes to the empty tomb on *resurrection* Sunday: **Jn. 20:1** (1586)
7. Jesus appears to disciples on the first day of the week: **Jn. 20:19** (1587)
8. Paul and his companions meet on the first day of the week: **Acts 20:7** (1619)
9. "Upon the first day of the week let every one of you lay by him in store, as God has prospered him, that there be no gatherings when I come": **1 Cor. 16:2** (1689)

### C. BAPTISM IS THE SIGN OF THE RESURRECTION POWER OF CHRIST

1. **Rom. 6:3, 4** (1654)
2. **Col. 2:12** (1730)

### D. DIFFICULT TEXTS

1. **Col. 2:14-17** (1730)
2. **Rom. 14:5, 6** (1664-5)

**E. MEANING OF THE SABBATH**

1. Jesus is Creator

Old Testament  
**Eze. 20:20** (1238)  
**Gen. 2:1-3** (2-3)

New Testament  
**Rev. 14:6, 7** (1815)

2. Jesus is Redeemer

Old Testament  
**Eze. 20:12** (1238)

New Testament  
**Heb. 4:4-11** (1760)  
**Rev. 12:17** (1813)  
**Rev. 14:12** (1815)  
**Rev. 22:14** (1825)

**Review**

1. It is impossible to know which day is the Sabbath today. T      F
2. There is no Biblical support for Sunday worship. T      F
3. Sunday worship is listed in the Bible as being a sign of the resurrection power of Christ. T      F
4. The day of worship in heaven will be \_\_\_\_\_
5. Jesus wants us to worship on the Sabbath (Saturday) in order to show that we are: (Circle one below)
  - a. Legalistic
  - b. Saved by faith

# The Sabbath in the New Testament

- A. **As New Testament Christians, we are under grace now and not the law, so isn't "Sabbath keeping" or worshiping on the Sabbath (Saturday) part of the legalistic practices in the Old Testament where people were under the law?**
- B. **After the resurrection did the disciples still worship on the Sabbath?**
1. **Mt. 24:20** (1439) Pray that your flight may not be in winter or on the Sabbath – relating to 70 A.D. (approx. 35 years after the resurrection).
  2. **Acts 13:14** (1614) Paul goes to church on Sabbath – 15 years after the resurrections of Christ
  3. **Acts 13:42** (1616) Paul and Barnabus go to church on Sabbath – 15 years after the resurrection.
  4. **Acts 13:44** (1616) Paul and Barnabus go to church on Sabbath – 15 years after the resurrection.
  5. **Acts 16:13** (1621) Paul and friends keep the Sabbath out in nature – 23 years after the resurrection.
  6. **Acts 17:2** (1623) Paul keeps the Sabbath for three weeks in a row "as his custom was" – 24 years after the resurrection.
  7. **Acts 18:4, 11** (1625) Paul keeps the Sabbath for 18 months in a row – 25 years after the resurrection.
  8. **Heb. 4:4-11** (1760) The Sabbath is a sign of being saved by faith.
- C. **Did Jesus break the Sabbath in the New Testament?**
1. **1 Pet. 2:21-22** (1782)
  2. **1 Jn. 3:4** (1792)
- D. **What are God's guidelines for observing the Sabbath?**
1. It is a day of rest, a break from your normal work: **Ex. 20:8-11** (28)
  2. The Sabbath is observed from sunset to sunset: **Lev. 23:32** (202)
  3. It is a day of communion with God: **Gen. 2:1-3** (2); **Ex. 20:12, 20** (120); **Heb. 4:4-11** (1760)
  4. The day before the Sabbath is called "Preparation Day" – A day to prepare food, go shopping, wash clothes, run errands, etc.: **Lk. 23:54-56** (1542)
  5. Do good on the Sabbath: **Mt. 12:12** (1415); **Lk. 13:15-16** (1520)

6. It's OK to pull the ox out of the ditch on Sabbath – Take care of emergencies: **Mt. 12:11-12** (1415); **Lk. 14:4** (1522)

E. **Will God hold everyone accountable for the Sabbath? Acts 17:30** (1530)

### Review

1. How do we know that people in the Old Testament were saved by faith?

\_\_\_\_\_

2. There are many references in the N. T. to the disciples worshipping on the Sabbath. T F

3. Where in the New Testament does it say that worshipping on Sabbath is a sign of salvation by faith?

\_\_\_\_\_

4. How do we know Jesus never broke the Sabbath? \_\_\_\_\_

5. Where in the Bible does it say that we will observe Sabbath in heaven? \_\_\_\_\_