

CONNECT: Adult Ministries

Bethesda United Methodist Church
washmorefeet.org



JOIN OUR CHURCH FAMILY!

One of the best ways to connect here at BUMC is to talk to one of our pastors and let them know that you'd like to learn more about becoming a member of the BUMC faith community. While non-members are, of course, welcome to participate in all aspects of church life, joining our church is like finding a permanent home to practice your faith. You will belong to a community with a cloud of witnesses who will support and encourage you on your faith journey. Prospective new members (or anyone who wants to learn more about our denomination and the ministries of BUMC) are encouraged to be part of a short-term study entitled, *We Are United Methodists*, which is offered periodically throughout the year. Classes are led by our pastors and provide the opportunity to learn more about both BUMC and the worldwide UMC. We'd love to have you join us!

Contact **Rev. HiRho** (hrpark@washmorefeet.org)

There's a place for everyone at BUMC. Whatever your stage of life we want to help you feel connected at our church.

YOUNG ADULT GROUP

Young adults (20s and 30s) are a growing part of the BUMC family. From local college students to young professionals, our group meets at least once a month for fun, fellowship, learning, and service. We gather for Sunday brunch, happy hours, hikes, and game nights. We also regularly get together for short-term Bible Studies and service projects.

Contact: **Rev. Scott** (scott@washmorefeet.org)

WOMEN'S MINISTRY

Women of all ages participate in BUMC's Women's Ministry. We enjoy potluck dinners at a rotating schedule of homes, get together about once a month (**Wednesdays at 7:45 pm**) for Book Club discussions, and enjoy a weekend together at Rehoboth Beach for our annual Spring Retreat (retreat is tentative depending on COVID restrictions).

Contact: **Rebecca Conley** (r33conley@gmail.com)

MEN'S MINISTRY

BUMC has an active Men's Group that gathers regularly for fellowship and study. The men meet for breakfast at the *Old Georgetown Grille* on the **first Wednesday of the month at 6:30 a.m.** and for discussion and fellowship on the **third Wednesday of the month at 8:00 pm.** Our evening gatherings take place at BUMC or at a local home of one of our members.

Contact: **Rev. Scott** (scott@washmorefeet.org)



EMPTY NESTERS GROUP

We are a group of near empty/empty/no nesters who are looking to build community at BUMC. If you find yourself at this stage of life, and you are looking to build deeper relationships with other members of BUMC, you are invited to join us for one of our potluck dinners, other weekend activities, or even a Zoom trivia night!

Contact: **Jennifer Gunnarsson** (jnetico1@gmail.com)

THIRD AGE CAFÉ

Adults 55 and older are invited to join us for lunch at the BUMC *Third Age Café*. These gatherings take place in Founders' Hall several times a year and are a great opportunity for the more senior members of our congregation to enjoy a time of fellowship and feasting.

Contact: **BethesdaUMC@washmorefeet.org**



GRIEF GROUP

If you are grieving the loss of a loved one, you are welcome to join this regular gathering to share, pray and find support in walking through the process of grief.

Contact: **Shaw Brewer** (shawbrewer@gmail.com)

SUNDAY SCHOOL

BUMC has three weekly adult Sunday School classes that meet both in-person and online. In addition to being a place to continue learning and growing in your faith, these classes are a great way to get to know others in our congregation. Feel free to drop in as your schedule allows.

❖ **Parenting in Faith:** Join other parents and our team of facilitators to discuss the joys and challenges of parenting and ways that our faith might guide us as we seek to parent in a faith-filled manner (10:00 a.m. in Room 207)

❖ **Beyond:** *Beyond* is a Sunday School class that looks to take us beyond Sunday morning worship, and beyond the church building. Each week we will follow the theme and scripture of the day and examine how the scripture and the Spirit are speaking to us (10:00 a.m. in Room 205)

❖ **Philosophy, Theology & Religion (PTR):** The long-running and ever popular PTR class is led by **Don Ross**. If you like digging deep into topics, this lecture style class is for you (9:50 a.m. in Room 209)

Contact: **Rev. Scott** (scott@washmorefeet.org)



SMALL GROUPS

During the seasons of Advent and Lent, adults have the opportunity to sign up for one of our Small Groups, which meet once a week for Bible study, reflection, and a chance to get to know one another on a deeper level. Come connect and grow with us!

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