



Gem State Adventist Academy Rationale & Guidelines

Directed Activity Learning Day 2021/2022

Activity Choices: Choose two activities, completing a total of six hours.

- #1 Drama & Art (Guide: K. Mitchell)
- #2 Birds of the Northwest (Guide: G. Wahlman)
- #3 Mission (Guide: E. Perez)
- #4 Lifetime Activities (Guide: J. Perkins)
- #5 Nature and Math (Guide: M. Waterhouse)
- #6 History (Guide: P. Fitting)
- #7 Exploring Culture or #8 Procrastination Popper Experiment (Guide: M. Stone)
- #9 Music (Guide: B. Purvis)

The research behind Directed Learning shows the significant and positive values of integrated and collaborative teaching. Our goals also include parent involvement and challenging students to think creatively. Students absorb, retain, and utilize information when they actively participate in learning and when knowledge is linked with the real world.

The format looks like this: Students will receive the official assignments and guidelines the first week of school; they will meet with the guides and turn in their plans by September 10, 2021, Friday. They will then have until December 6, 2021, Monday to complete their activity choices and turn in the paperwork. The outside class time (not taking place during school hours) should be a documented six hours which includes the activities and reflections. Students will get the specific activity approved with the Guide before making and executing plans. The projects culminate with a school wide chapel, tying it all together and sharing the results on Monday, December 13, 2021. Students must complete all six hours or will be counted absent for the entire school day (which is officially documented on the calendar as December 12, 2021).

#1 Drama & Art (Guide: K. Mitchell)

Overview and Rationale: Drama and Art are a vital part of every student's education, contributing to deep, enduring student engagement that leads to learning success. Drama and Art education develop unique, powerful, and multiple ways of perceiving, interpreting, knowing, representing, and communicating understandings about self and the world. They stimulate creative problem solving, and challenge students' perceptions about their world and themselves, providing an outlet for emotions, thoughts, and dreams. www.edu.gov.mb.ca > K-12

Activity: Attend a preapproved play or visit an Art gallery; type a reflection following the Guide's specific handout of instructions. (Venue possibilities: Morrison Center, Boise Little Theater, Shakespeare Festival, Nampa Civic Center, Boise Art Museum)

#2 Birds of the Northwest (Guide: G. Wahlman)

Overview and Rationale: Birds have always delighted people all over the world because of their beauty and their power of flight. The knowledge of birds can help us plan a better, more sustainable relationship with nature. Birding also fulfills another basic instinct—the quest for knowledge. Birding is about acquiring knowledge. Not just about birds' names, but also about their songs, their behavior, and how they relate to the rest of nature. It's a perfect opportunity to enjoy a unique human pleasure—the successful exercise of lore. In fact, amateur birders often get to make real contributions to scientific knowledge. www.birdwatching.com/birdingfaq.html

Activity: Bird watching; Documentation - see guide for specific handout instructions and scheduled bird trips. (Mr. Wahlman will be leading the trips on designated Sundays in the fall.)

#3 Mission (Guide: E. Perez)

Overview and Rationale: "The Lord is calling upon the men and women who have the light of truth for this time to engage in genuine, personal **missionary work**," wrote Ellen White.

God in Nature: Spend at least 2 hours in nature. This must be a time of reflection and Bible study. It is preferred that you speak to no one during this time. It is intended as a time to speak and listen to God alone. Create a journal that focuses on your time with God. Choose a scripture to meditate on, include it in the journal and write of how this time helped you better understand its meaning or application to your life. The Journal should be at least one, full, double spaced, page. (Not hand written)

God to Others: Create a sabbath afternoon activity that involves helping others. Then, involve several others students in its execution. Your activity must be approved by Pastor Ever.

God in Music: For this option you can chose to write a song based on your personal experience with God or a favorite (or meaningful) scripture. The song must be original and be performed either at church and/or for your Bible class.

Group Bible Study: This will count for 2 hours. You may lead in a small group Bible study. The subject is up to you, but you must do the preparation for the study and also lead out during the event. Your normal church responsibilities will not meet these criteria. It must be above and beyond the normal. The Bible study must be 45 minutes to an hour long and you will need the supervision and verification of an adult. You must also turn in your work as evidence.

Jeans Sabbath Activity: The student will organize and lead out in a Jeans Sabbath activity. This activity cannot be one of the scheduled activities (it must be different from what we normally do). See Pastor Ever for details.

#4 Lifetime Activities (Guide: J. Perkins)

Overview and Rationale: The mission of the Lifetime Physical Activity Program is to teach both the theoretical and practical components of a variety of exercise/performance activities so that they will bring enjoyment and demonstrate the importance of maintaining health and wellness throughout the course of a lifetime. Lifetime sports are physical activities that people can enjoy throughout their lives, developing a mastery and skill, with wisdom and experience helping to make up for reduced reflexes and physical abilities. Physical activity can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Exercise can have immediate and long-term health benefits, improving your quality of life.

Activity: Contact Coach Perkins for specific approved activities, times, and assessment options.

#5 Nature and Math (Guide: M. Waterhouse)

Overview and Rationale: The purpose of this project is to find a way to visually represent Bible verses and mathematical principles through the art of photography.

Activity: You will take 25 photos using various background genres and techniques, and then pair them with an applicable Bible verse. These photos will be edited using Photoshop. displayed in a Word document, and emailed to Mr. Waterhouse.

#6 History (Guide: P. Fitting)

Overview and Rationale: Theodore Roosevelt once said, "I believe that the more you know about the past, the better you are prepared for the future." Learning about our history can help students make connections to today and help them prepare for their future. Studying history helps students understand people and societies; it contributes to moral understanding and is essential for good citizenship. These aspects not only help students now, but will serve them well as they grow into adulthood.

Activity: Visit a preapproved museum or historical place of interest; type a one-page (MLA) reflection.

#7 Exploring Culture (Guide: M. Stone)

Overview and Rationale: "At its roots, culture is not simply a collection of artifacts and rituals: culture encompasses the assumptions, meanings, ideals, goals, habits and ways of interpreting the world that a particular community shares." As part of God's created world family, it is important, and fun, to discover as much as you can about those with whom you share this globe and will share the new earth. www.forbes.com/sites/thehartmangroup/2017/01/27/why-study-culture/#5699ebf46bbd

Activity: Watch, read, listen or do something that gives you a tiny glimpse of what life is like for people in a part of the world with which you do not already have much familiarity but do have interest. Meet with and create a preapproved plan with the Guide.

#8 Procrastination Popper Experiment (Guide M. Stone)

Overview and Rationale: The hypothesis for this experiment is that when you don't wait until the last minute, you may not be any less busy but you will be less stressed. And you won't be in danger of missing any important deadlines and losing points (or invoking other unpleasant consequences). Want to see if it's true, or learn how to make it work? Consider joining this time organizing experiment. Do it with friends - it will be more fun! Let's make it a procrastination popping party! See Guide for more details.

#9 Music (Guide: B. Purvis)

Overview and Rationale: Music is worth knowing. Music is one of the most important manifestations of our cultural heritage. Music is a potential in every individual that, like all potential, should be developed. www.bandfortoday.com/a-rationale-for-music-education

Activity: Attend a preapproved concert or musical play, and write a critique/evaluation following Mr. Purvis' specific handout instructions.



Gem State Adventist Academy Student Assignment Form

Directed Activity Learning Day 2021/2022

Activity Choices: Choose two activities, completing a total of six hours by Friday, December 6, 2021.

- #1 Drama & Art (Guide: K. Mitchell, kmitchell@gemstate.org)
- #2 Birds of the Northwest (Guide: G. Wahlman, gwahlman@gemstate.org)
- #3 Mission (Guide: E. Perez, eperez@gemstate.org)
- #4 Lifetime Activities (Guide: J. Perkins, jperkins@gemstate.org)
- #5 Mathematical Photography (Guide: M. Waterhouse, mwaterhouse@gemstate.org)
- #6 History (Guide: P. Fitting, pfitting@gemstate.org)
- #7 Exploring Culture or #8 Procrastination Popper Experiment (Guide: M. Stone, mstone@gemstate.org)
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*Please fill out a separate form for each of your Activity Choices.
Complete top section no later than September 10, before the Activity, and bottom section once completed.*

Student Name: _____

Activity Choice (#1-#9): _____

Guide's Signature: _____

Date: _____

Specific Activity Explanation (Pre-approved by Guide):

Date Activity Completed: _____

Activity/Reflection/Assignment Time: _____

Adult Supervisor: _____ (printed)

Adult Supervisor: _____ (signature)

For your completion of activity and attendance:

- 1) Email a picture of yourself engaged in your activity to your Guide with "your name" and "DAL Activity" in the subject line.
- 2) Staple your reflection paper or assignment to this completed form.
- 3) Turn forms into your Guide; they will pass the forms, assignments and reflections on to Miss Mitchell.

(Reflection ideas: What did you learn? What did you most or least enjoy? How does this enrich your life? Would you recommend the experience to others? Why? Get other specific reflection ideas, expectations, assignments, and formatting requirements from your Activity Guides.)